hsn

Healthy Schools Network – Mid-Year Summary Report 2014/2015

The HSN is an open learning community of educators, students, and community members across the province who are working together to optimize health and learning, meet healthy living goals, and improve overall well-being in students and the broader school community. HSN participants lead inquiry and sustainable project-based learning initiatives in their school communities, and share their stories to support and inspire others. Funded projects positively impact students both directly (i.e. student leadership) and indirectly (i.e. positive changes to the school environment).

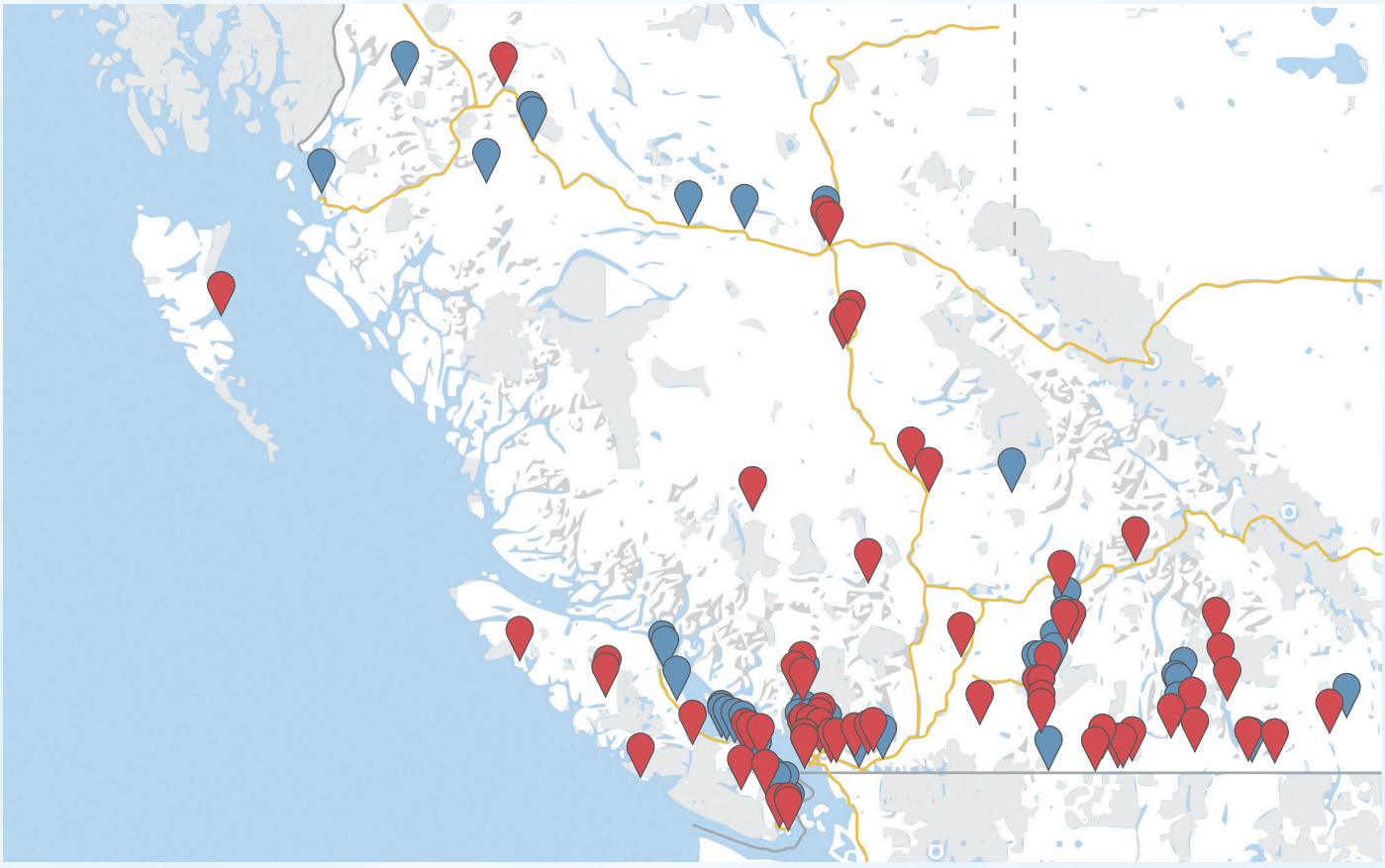
Activity Grant	Inquiry Grant
183 Grants	122 Grants

- 231 schools participating this year
- 178 new schools participating
- 46 school districts are participating (76%)
- Approximately 46,836 students impacted

TOTAL GRANTS 305 *

*For the second consecutive year, we reached our funding capacity (or maximum number of grants) for the 2014 / 2015 school year prior to the March 1, 2015 deadline.

Where are the 2014/2015 HSN schools located in the province?



= Healthy Living Activity Grant = Healthy Living Inquiry Grant

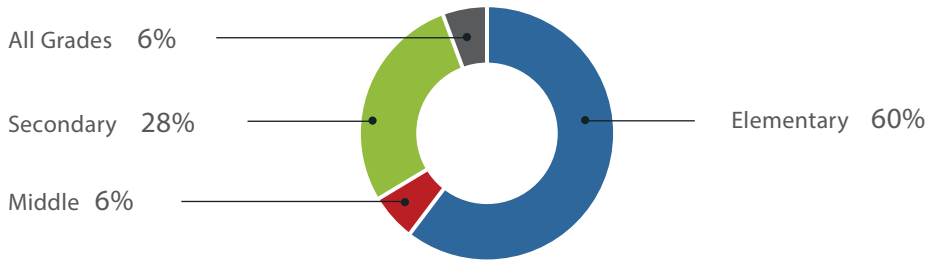
School District	Number of Grants
#5 – Southeast Kootenay	2
#8 – Kootenay Lake	25
#19 – Revelstoke	4
#20 – Kootenay-Columbia	2
#22 – Vernon	4
#23 – Central Okanagan	10
#27 – Cariboo Chilcotin	3
#28 – Quesnel	4
#33 – Chilliwack	2
#34 – Abbotsford	1
#35 – Langley	2
#36 – Surrey	44
#37 – Delta	10
#38 – Richmond	13
#39 – Vancouver	21
#41 – Burnaby	5
#43 – Coquitlam	8
#44 – North Vancouver	3
#45 – West Vancouver	1
#48 – Sea to Sky	1
#50 – Haida Gwaii	2
#51 – Boundary	6
#52 – Prince Rupert	3

School District	Number of Grants
#53 – Okanagan Similkameen	1
#54 – Bulkley Valley	2
#57 – Prince George	5
#58 – Nicola Similkameen	4
#61 – Greater Victoria	6
#62 – Sooke	1
#63 – Saanich	1
#67 – Okanagan Skaha	37
#68 – Nanaimo Ladysmith	19
#69 – Qualicum	6
#70 – Alberni	11
#71 – Comox Valley	1
#72 – Campbell River	2
#73 – Kamloops-Thompson	1
#74 – Gold Trail	2
#75 – Mission	3
#79 – Cowichan Valley	8
#82 – Coast Mountains	1
#83 – North Okanagan-	2
#84 – Vancouver Island West	5
#91 – Nechako Lakes	2
#92 – Nisga'a	1
Independent Schools	8

HSN Grants Organized by Regional Health Authority

Fraser Health Authority	Interior Health Authority	Northern Health Authority	Vancouver Coastal Health Authority	Island Health
76	107	20	44	58

HSN Grants – School Type Distribution



What are HSN Schools Focusing on?

Focus of Healthy Living Activities and Inquiries

40% of the healthy eating grants have a focus on hands-on food-related skills such as gardening, cooking and food preparation.

Schools are fostering healthy relationships through focusing on relationships between students, relationships between students and adults, social and emotional wellbeing, positive mental health, leadership, peer-to-peer learning opportunities and peer helping.

Examples of focuses within healthy practices include social media safety, self-regulation, bike safety, brushing teeth and more!

School connectedness is about creating a school community where everyone feels safe, seen, heard, supported, significant and cared for. Learn more about school connectedness here.

A number of activities and inquiries are occurring in partnership with other organizations and initiatives to optimize learning opportunities.

FOCUS*	NUMBER OF PROJECTS WITH THIS FOCUS*
Active Living	158
Healthy Eating	157
Health Relationships	156
Healthy Practices	80
School Connectedness	62
Sustainability	24
Other	38

Examples include recycling, drinking water, random acts of kindness, learning environments, and connecting to nature.

Did you know?

Active Living, Healthy Eating, Active Living, Healthy Relationships and Healthy Practices are the 4 aspects of the Healthy Living Performance Standards.

Read more about this learning progression tool here.

36 grants are connected to the After School Sports and Arts Initiative.

Examples of addressing 2 or more focuses:

- Some schools are inquiring about how participating in yoga can reduce stress and increase mindfulness.
- Some schools are fostering healthy relationships, while engaging in healthy eating learning opportunities such as gardening and cooking projects that incorporate the skills and knowledge of elders and community members.

**As some schools were engaged in more than one focus, the total number is greater than the number of participants*

Interested in learning more about HSN Activities and Inquiries?

Click here to read more about Healthy Living Activities and Healthy Living Inquiries

As HSN schools continue to engage in their activities and inquiries, be sure to check out the Healthy Schools BC Stories Map to learn about their experiences and reflections!

For questions about the HSN email hsn@dashbc.ca | www.healthyschoolsbc.ca/hsn