

HEALTHY SCHOOLS NETWORK

2013-2014 Mid-Year Grant Summary

124 schools are participating in the HSN this year.

158 Healthy Living Grants: **↑ 300%** from 2012-2013

~ 5,000 students participating in HSN projects in a variety of leadership roles

85 Healthy Living **Activity** Grants

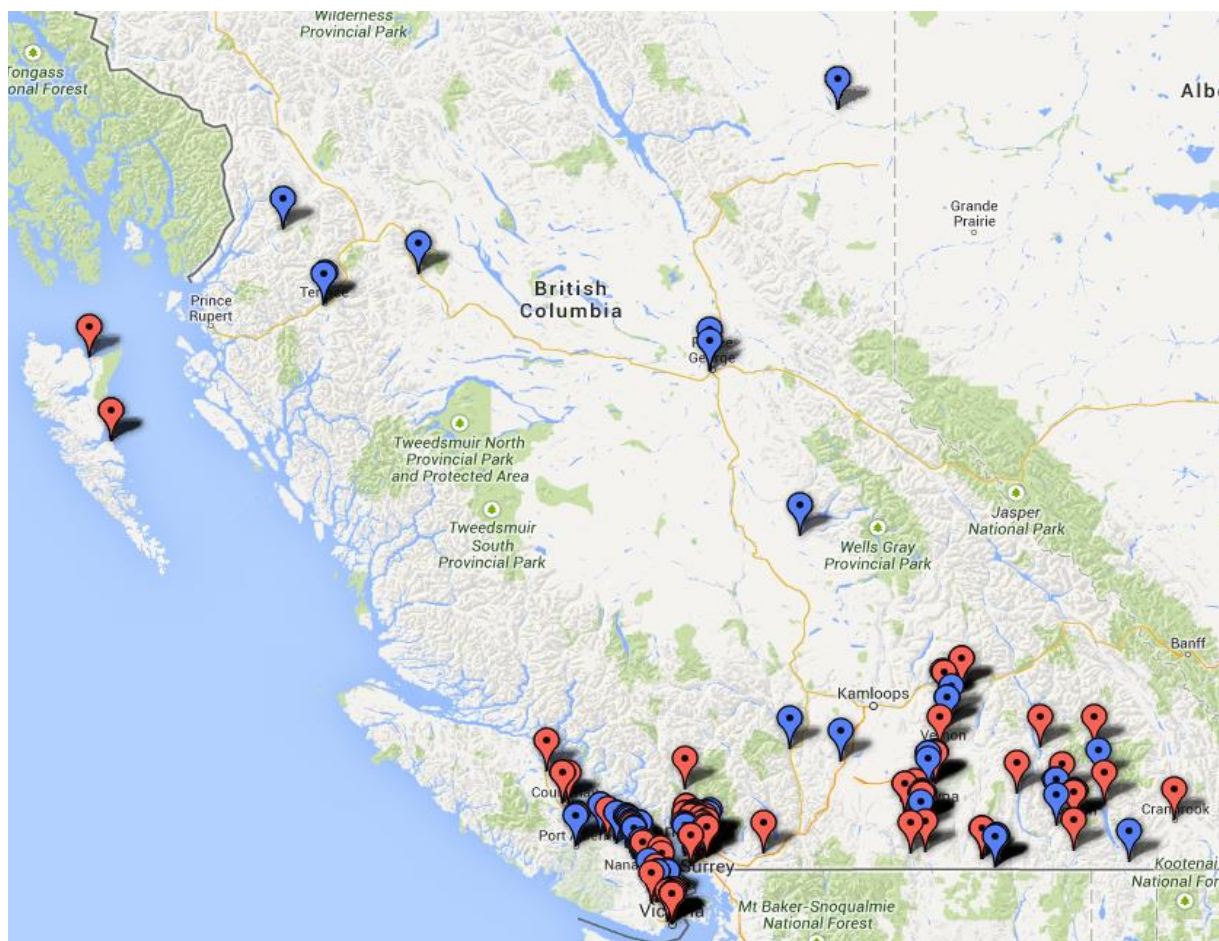
73 Healthy Living **Inquiry** Grants

**We reached our funding capacity for 2013-2014 – funded projects positively impacted students both directly (student leadership) and indirectly (positive changes to school environments).*

The Healthy Schools Network (HSN) is a voluntary community of educators and schools across the province who are working in classrooms, schools, and school districts toward optimizing student health and learning, engaging students in their health and learning, meeting healthy living goals, and improving overall student well-being.

Since 2006, the HSN has engaged over 23,000 students across BC

Where are the 2013-2014 HSN schools located in the province?



Healthy Living
Activity Grant



Healthy Living
Inquiry Grant



School District	Number of Schools
#5 - Southeast Kootenay	1
#8 - Kootenay Lake	12
#10 - Arrow Lakes	2
#22 - Vernon	1
#23 - Central Okanagan	6
#27 - Cariboo Chilcotin	1
#33 - Chilliwack	1
#36 - Surrey	2
#37 - Delta	3
#38 - Richmond	4
#39 - Vancouver	6
#41 - Burnaby	2
#43 - Coquitlam	5
#44 - North Vancouver	1
#45 - West Vancouver	1
#50 - Haida Gwaii	2
#51 - Boundary	3
#53 - Okanagan Similkameen	4
#54 - Bulkley Valley	1
#57 - Prince George	2
#58 - Nicola Similkameen	1
#60 - Peace River North	1
#61 - Greater Victoria	10
#63 - Saanich	2
#64 - Gulf Islands	2
#67 - Okanagan Skaha	8
#68 - Nanaimo Ladysmith	15
#69 - Qualicum	3
#70 - Alberni	3
#71 - Comox Valley	3
#72 - Campbell River	1
#74 - Gold Trail	1
#79 - Cowichan Valley	5
#82 - Coast Mountains	2
#83 - Okanagan-Shuswap	6
#92 - Nisga'a	1

HSN Schools Organized by Health Authority

Fraser Health Authority	Interior Health Authority	Northern Health Authority	Vancouver Coastal Health Authority	Vancouver Island Health Authority
13	46	9	12	44

What are HSN schools focusing on?

Focus of Healthy Living Activity/Inquiry Projects

* As some schools were engaged in more than one focus, the total number is greater than number of participants.

HSN grants helped to support connections with other programs and services in the province, including: *Action Schools! BC*, *Farm to School BC*, *MindUp*, *Cybersmart*, and others!

1 in 5 HSN schools are focusing on **school gardens**

Healthy Practices

includes topics such as emotional wellbeing, safe behaviours and practices, and stress management skills.

Events and forums, such as [Balancing Our Minds](#) has inspired students to focus on promoting positive mental health at school

2 schools are focusing on **enhancing learning environments** to better support learning ability. Changes include colours, seating and seating arrangements, and plants.

Focus	Number of projects with this focus
Healthy Eating	67
Active Living	28
Healthy Practices	19
Healthy Relationships	17
School Connectedness	17
Sustainability	11
Positive Mental Health	9
Environment	6
Cultural Health	3
School Forum/Event	3
Drinking Water	3
Learning Spaces	2

Did you know? Healthy Eating, Active Living, Healthy Practices and Healthy Relationships are the 4 aspects of the **Healthy Living Performance Standards**. Read more about this learning progression tool [here](#).

11 schools in Northern Health Authority and SD#68 are focusing on inquiry around **sustainability issues** and how our own health is tied to the health of the planet and its systems

Parkland Secondary School in SD#61 is asking, "What can we do to celebrate Indigenous cultures in our school?"

Over 1/3 of all HSN schools are focusing on areas within **social and emotional well-being**

Interested in learning more about HSN projects?

Click here to read more about [Healthy Living Activity Projects](#) and [Healthy Living Inquiry Projects](#)

As HSN schools continue to engage in their activity and inquiry projects, be sure to check out the [Healthy Schools BC Stories Map](#) to learn about their experience and reflections!

For questions about the HSN email hsn@dashbc.ca